

**Autum 2023  
Issue**

[www.cornerstoneoftopeka.org](http://www.cornerstoneoftopeka.org)



**Cornerstone  
of Topeka, Inc.**

Reminders

**Rent is due on the 1st of each month with a grace period until the 6th.**

Cornerstone will be closed:

- October 9<sup>th</sup>
- November 23<sup>rd</sup>-24<sup>th</sup>
- December 25<sup>th</sup>-26<sup>th</sup>

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Facilities Manager

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Maintenance Technician

**OFFICE HOURS:**

Monday - Friday 8-5

785-232-1650

1195 SW Buchanan, Ste. 103  
Topeka, KS 66604

**Dropbox**

*in Rear of Building*

**Online  
Payments  
Available**

If you have not set up your account for online payments, please contact Melissa at 785-232-1650 for instructions.



**If we receive your rent payment no later than 5:00 pm on the 6th of each month, you will automatically be entered to win a \$50 Walmart gift card. Pay on time for the entire year and you are entered to win a \$250 Walmart gift card. Good Luck!**

July - Brooke

Aug. - Megan

Sept. - Charles

Walmart



**Pest Control**



Pest Control is just a phone call away. As soon as you see any kind of pest in your unit, please call the office. It is easier to control a pest situation before it becomes an infestation. Pest Control treats Transitional Housing, monthly, Single-Family homes, yearly and all others, on a quarterly basis. If you see anything in between, please let us know. We can not help if we do not know.

**TEXTING**

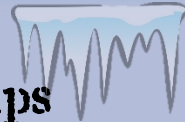
In the coming weeks, we will be able to text with our tenants. To opt in for this correspondence, we will be sending out a consent for you to sign and return to the office.

It is a violation of federal law for a housing provider to refuse to rent or sell a home, to offer unequal terms, quote different prices, or apply different policies based on race, color, religion, disability, or handicap, sex, familial status, or national origin. State law prohibits discrimination based on marital status, ancestry, age, or familial status. Fair Housing Amendments Act of 1988 bars discrimination in the sale or rental of housing on the basis of a disability or because there are children in the family but, exempts housing for older persons.





# Jerry's Corner of Helpful Tips



- Change your furnace filters every 3-6 months.
- Please do not use your stove to heat your unit.
- Change your smoke detector batteries every time change.
- In the bitter cold, leave the doors open under sinks to help prevent pipes from freezing.



Enjoy flexible dining options for your active lifestyle...

## Join the CHAMPSS Program!

Jayhawk Area Agency on Aging, Inc. (JAAA) advocates on aging issues, builds community partnerships and implements programs within Shawnee, Jefferson and Douglas counties to help seniors live independent and dignified lives.

CHAMPSS, a program of JAAA, offers older adults 60+ the opportunity to enjoy a nutritious meal seven days a week at Shawnee, Jefferson, and Douglas locations.

### How it works

JAAA partners with local businesses to offer older adults a dining alternative to congregate meal sites, seven days a week. CHAMPSS meals are dietitian-certified and follow Kansas Department of Aging & Disability Services Nutritional Guidelines.

### Who can join

- No income eligibility guidelines
- Adults 60+
- Spouse younger than 60 of an adult 60+
- Disabled person living with a 60+ adult.

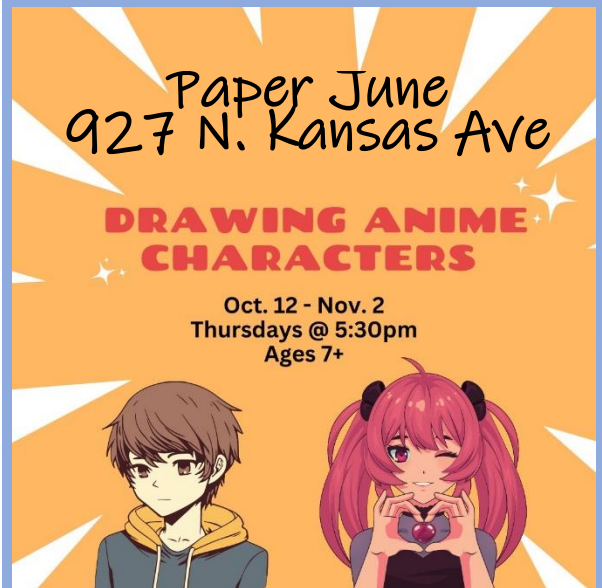
\*Adults cannot be enrolled in an OAA Title IIIC home-delivered meal program.

### What funds the program

The suggested donation is \$3.50 per meal. No one is denied a meal if they are unable to donate. Meals are valued between \$6.00- \$7.00 which is covered by partial funding through member donations and partially funded through these sources: Older Americans Act, through the U.S. Health & Human Services Administration on Aging, Kansas Department for Aging and Disability Services, the State of Kansas and local units of government.

For more information: Call 785-235-1367 or visit us online: <http://www.jhawkaaa.org/services/nutrition/>

Jayhawk Area Agency on Aging, Inc. (JAAA) is a 501 C (3) Non-Profit corporation. JAAA does not discriminate on the basis of race, color, sex, national origin, age, religion, or disability. JAAA is funded under the Older Americans Act, through the U.S. Health & Human Services Administration on Aging, the Kansas Department for Aging and Disability Services, the State of Kansas and local units of government.



TPAC - 11/17/2023 - 6:30P