

Winter  
2024

www.cornerstoneoftopeka.org



Cornerstone  
of Topeka, Inc.

### Reminders

**Rent is due on the 1st of each month with a grace period until the 6th.**

**Cornerstone will be closed:**

- January 1<sup>st</sup> – 2<sup>nd</sup>
- January 15<sup>th</sup>
- February 19<sup>th</sup>

Chris Palmer  
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Executive Assistant

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Facilities Manager

Carlos Martinez  
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Maintenance Technician

#### OFFICE HOURS:

Monday - Friday 8-5

785-232-1650

1195 SW Buchanan, Ste. 103

Topeka, KS 66604

Dropbox

in Rear of Building

## Online Payments Available

If you have not set up your account for online payments, please contact Melissa at 785-232-1650 for instructions.

**If we receive your rent payment no later than 5:00 pm on the 6th of each month, you will automatically be entered to win a \$50 Walmart gift card. Pay on time for the entire year and you are entered to win a \$250 Walmart gift card.**

**Good Luck!**

Oct. - Cornell

Nov. - Enrique

Dec. - Ron

Annual - Rodney

Walmart

## Southern Hills Senior Center

New senior housing is currently being built at 37<sup>th</sup> Street and Adams. These new 24-unit duplexes will be for seniors 55 and over and make less than 50% of the median income per household. Current tenants that are interested, please contact the office at 785-232-1650. Rent will be between \$550 and \$650 per month.

#### Amenities:

2 Bedrooms 1 Bath

Attached Garage

Appliances

Washer/Dryer Hookups

#### Qualifications:

55 years and over

1 Person Annual Gross Less than \$30,500

2 Person Annual Gross Less Than \$34,850

Good Rental History

In Compliance with Cornerstone Policies and Guidelines.

## Moving within the Cornerstone Community

If you are interested in moving to one of the many new units we are currently building or just want to transfer to a larger unit, to have your request and application considered, you must have a good payment history and be following all Cornerstone Policies and Guidelines.

It is a violation of federal law for a housing provider to refuse to rent or sell a home, to offer unequal terms, quote different prices, or apply different policies based on race, color, religion, disability, or handicap, sex, familial status, or national origin. State law prohibits discrimination based on marital status, ancestry, age, or familial status. Fair Housing Amendments Act of 1988 bars discrimination in the sale or rental of housing on the basis of a disability or because there are children in the family but, exempts housing for older persons.



# Jerry's Corner of Helpful Tips

- Do not flush baby wipes or flushable wipes – can lead to expensive line cleanouts.
- Please do not use your stove to heat your unit.
- Change your smoke detector batteries every time change.
- In the bitter cold, leave the doors open under sinks to help prevent pipes from freezing.



Topeka Performing Arts Center

Date: February 15<sup>th</sup>

Time: 3:00p



Stormont Vail Events Center

Date: March 20th Time: 7:00p



Enjoy flexible dining options for your active lifestyle...

Join the CHAMPSS Program!

Jayhawk Area Agency on Aging, Inc. (JAAA) advocates on aging issues, builds community partnerships and implements programs within Shawnee, Jefferson and Douglas counties to help seniors live independent and dignified lives.

CHAMPSS, a program of JAAA, offers older adults 60+ the opportunity to enjoy a nutritious meal seven days a week at Shawnee, Jefferson, and Douglas locations.

### How it works

JAAA partners with local businesses to offer older adults a dining alternative to congregate meal sites, seven days a week. CHAMPSS meals are dietitian-certified and follow Kansas Department of Aging & Disability Services Nutritional Guidelines.

### Who can join

- No income eligibility guidelines
- Adults 60+
- Spouse younger than 60 of an adult 60+
- Disabled person living with a 60+ adult.

\*Adults cannot be enrolled in an OAA Title IIIC home-delivered meal program.

### What funds the program

The suggested donation is \$3.50 per meal. No one is denied a meal if they are unable to donate. Meals are valued between \$6.00- \$7.00 which is covered by partial funding through member donations and partially funded through these sources: Older Americans Act, through the U.S. Health & Human Services Administration on Aging, Kansas Department for Aging and Disability Services, the State of Kansas and local units of government.

For more information: Call 785-235-1367 or visit us online: <http://www.jhawkaaa.org/services/nutrition/>

Jayhawk Area Agency on Aging, Inc. (JAAA) is a 501 C (3) Non-Profit corporation. JAAA does not discriminate on the basis of race, color, sex, national origin, age, religion, or disability. JAAA is funded under the Older Americans Act, through the U.S. Health & Human Services Administration on Aging, the Kansas Department for Aging and Disability Services, the State of Kansas and local units of government.

Topeka Civic Theatre

Date: Feb. 17<sup>th</sup>



Feb. 24<sup>th</sup> – Feb. 25<sup>th</sup>

From: 10a to 4p